

# Dear Friends of Hernia Surgery,

With great pleasure we are looking forward to the **3<sup>RD</sup> SWISS HERNIA DAYS** at the **24<sup>TH</sup>—25<sup>TH</sup> OCTOBER 2019** in the **CONGRESS CENTER BASEL**, Switzerland. During the **1<sup>ST</sup>** and the **2<sup>ND</sup> SWISS HERNIA DAYS** in 2017 and 2018 many national and international hernia experts and more than 270 participants followed our invitation to Basel each year. With the last congress mottos «challenges and innovations in ventral hernia repair» and «controversies in guideline-conform therapy of inguinal hernias» participants were updated with innovations and current concepts in the field of hernia surgery. Also, for the first time the **SWISS HERNIA DAYS INTERNATIONAL FELLOWSHIP** was awarded.

The **3<sup>RD</sup> SWISS HERNIA DAYS** are again deemed to be the ideal Swiss platform for professional exchange between national and international participants and hernia experts. This time, the core topic will be **INTERDISCIPLINARY ASPECTS OF HERNIA SURGERY**. Beside interactive discussions, the famous Championsleague, «Hernia Speed Dates» and state-of-the-art lectures, live-surgeries will again be broadcasted. And finally, of course we will prepare an interesting networking event, which will surprise you.

The national and international value of the **SWISS HERNIA DAYS** is emphasized by the patronage of the Swiss Hernia Society (SAHC), Swiss Society for Visceral Surgery (SGVC), the Swiss Collaboration for Laparoscopic and Thoracoscopic Surgery (SALTC), the European Hernia Society (EHS) and the German Hernia Society (DHG).

We are inviting you to participate in the **3<sup>RD</sup> SWISS HERNIA DAYS** at the **24<sup>TH</sup>—25<sup>TH</sup> OCTOBER 2019** in Basel, Switzerland. Be part of the **SWISS HERNIA DAYS**.



## ORGANISE YOUR ATTENDANCE

### Registration Fees

	CHF
Consultants / Others	350
Trainee/Resident/Student*	free
Day Card	230
Delegate reduced**	150
Networking Event	95
Networking Event	
Delegate reduced**	50

### What is included?

#### The registration fee includes:

- access to all scientific sessions and the industry exhibition
- lunches and coffee during the session breaks

### Register online

swissherniadays.com/  
registration

\* Residents/Trainees have to upload a written confirmation letter during the online registration process signed by the head of department, confirming their status as such. «Students» have to upload a copy of their valid student picture ID during the online registration process. The age limit for a student is set at 30 years.  
\*\* The reduced rate is available to all participants of a country designated by the World Bank rating as a low / lower-middle income economy.

### Registration Desk

Thursday, 24 October 2019  
08:00 – 18:00  
Friday, 25 October 2019  
08:00 – 17:30

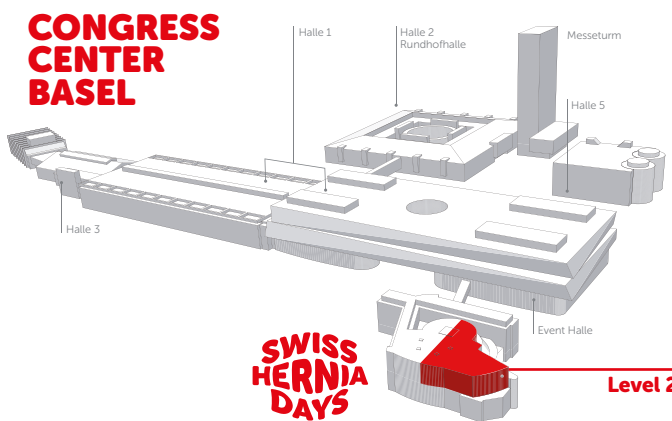
### Networking Event

We look forward to welcoming you to the Networking Event! Make sure to book your ticket and don't miss a great evening full of entertainment and good food. It is worth it!

**LOCATION:** SUD Basel  
Burgweg 7  
4058 Basel

**SPECIAL GUESTS:**  
DJ Metino (Vienna, AT)

**DRESS CODE:** casual elegant



### Conference Venue

The **SWISS HERNIA DAYS** will take place at the Congress Center Basel, an easily accessible downtown location situated directly alongside the Basel exhibition center.

**Congress Center Basel**  
**Messeplatz 21**  
**4058 Basel / Switzerland**

### How to get there:

The Congress Center Basel, tram stop «Messeplatz», is easily accessible:

- From the SBB/SNCF railway station take tram no. 1 or no. 2
- From the German railway station (Badischer Bahnhof) take tram no. 1, no. 2 or no. 6
- From Basel downtown take trams no. 6 or no. 14



### CME Credits

Swiss Society for Surgery (SGC): 16 CME credits

### CAH-Certificate

The **SWISS HERNIA DAYS** are an officially approved congress for certified Swiss, German and Austrian hernia centers (CAH).

### Congress Language

The official congress languages are English and German.

### Free Mobile App

Navigate through the **SWISS HERNIA DAYS** scientific programme easily and create your personalised itinerary. Scan the code or download the app at **get.medwhizz.com**



The **SWISS HERNIA DAYS** express their thanks and appreciation to all supporters.



BE  
A PART  
OF IT

24  
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OCT

WELCOME  
TO THE  
3<sup>RD</sup>

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# SWISS HERNIA DAYS

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### SWISS HERNIA DAYS 2019

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Register online: [swissherniadays.com/registration](http://swissherniadays.com/registration)

CONGRESS  
CENTER  
BASEL

20  
19

SCIENTIFIC PROGRAMME THURSDAY

8:00	Opening registration	
8:30	Welcome	Henry Hoffmann Philipp Kirchhoff
8:45	<b>Session 1</b>	
		Jan Kukleta Marc Miserez
	Management of obese hernia patients	Ulrich Dietz
	Perioperative optimizing to improve outcome in Hernia Surgery	Guido Woeste
	5 best papers 2019 – my choice	René Fortelny
9:45	<b>Session 2</b>	
		Herwig Pokorny Andreas Keerl
	Latest results from the Herniated Registry	Ferdinand Köckerling
	Impact of the new medical device regulation	Maciej Pawlak
	Mesh review: Where are we in 2019?	Neil Smart
10:45	Coffee break	










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11:15	<b>Session 3</b>	
		René Fortelny Guido Woeste
	Component-Separation for beginners	Marc Miserez
	Chronic postoperative pain: The eternal challenge after hernia repair?	Rigoberto Alvarez Quintero
	Sportsman groin: interdisciplinary diagnosis and treatment	Herwig Pokorny
12:15	Lunch Break	 
12:45	<b>Lunch Symposium</b> Dessert and coffee provided	
		Henry Hoffmann
	Why make friends with your anesthesiologist: Innovation in Complex Hernia Repair	Neil Smart Peter Biro
13:30	<b>Hernia Speed Dates</b>	
		Philipp Kirchhoff
	Case 1 Case 2 Case 3	Marc Miserez Neil Smart Wolfgang Reinpold
14:30	Coffee break	
15:00	<b>Session 4</b>	
		Ferdinand Köckerling Edward Felix
	Umbilical hernia repair: Mesh vs. no mesh	Ralph Lorenz
	Impact of social media on surgical education	Gina Lynn Adrales
	Surgical anatomy: pitfalls for hernia surgeons	Yohann Renard




16:00	<b>Session 5</b>	
		Martin Wiese Conrad Ballecer
	<b>Unilateral inguinal hernia repair</b>	
	Pro day surgery Contra day surgery	Andreas Koch Frederik Berrevoet
16:45 – 17:15	<b>Keynote lecture</b>	
	Introduction: Philipp Kirchhoff	
	Patient safety – lessons learned from aviation	Hans Härting Head of Human Factors Training, Austrian Airlines
19:00	<b>Network Evening Event</b>	
	Swiss Hernia Days Fellowship Report	Bettina Herrman
	Announcement of the 2019 Swiss Hernia Days fellow	Henry Hoffmann Philipp Kirchhoff
	Award of the raffled Macbook	Jan Kukleta

Visit us at our booth #A06  
at the 3<sup>rd</sup> Swiss Hernia Days  
in Basel



FRIDAY

8:00	Opening registration	
8:15	<b>Live Surgeries</b>	
		Walter Brunner Henry Hoffmann Marc Miserez
	<b>Hirslanden Clinic Birshof, Basel-Münchenstein</b>	
	MILOS	Wolfgang Reinpold
	Ventral Hernia Sublay-Repair	Martin Wiese
	TAPP repair	Jan Kukleta
	Unedited Video Session: TEP repair	Andreas Keerl
12:00	Lunch break	 
12:30	<b>Lunch Symposium</b> Dessert and coffee provided	
		Henry Hoffmann
	Phasix beyond Ventral Hernia Repair: Colorectal and Hiatal Solutions	Christian A. Gutschow Walter Brunner
13:15	<b>Session 6</b>	
		Gina Lynn Adrales Ulrich Dietz
	Treatment of flank hernias	Miguel Ángel García-Ureña
	Critical review of new extra-peritoneal MIS techniques	Philippe Glauser
	Midline hernias associated with diastasis recti – Treatment options	Jan Kukleta
	Understanding abdominal wall and groin imaging	Daniel Boll

14:30	<b>Championsleague 2019</b>	
		Henry Hoffmann Philipp Kirchhoff
	<b>Case presentations:</b>	
	Lea Stoll Marc-Olivier Sauvain Rebecca Kraus	
	<b>Teams:</b>	
	Belgium:	Frederik Berrevoet Marc Miserez
	Germany:	Ferdinand Köckerling Wolfgang Reinpold
	Switzerland:	Walter Brunner Andreas Keerl
	USA:	Gina Lynn Adrales Conrad Ballecer
15:45	Coffee break	
16:15	<b>Session 7</b>	
		Wolfgang Reinpold Neil Smart
	The Do's and Dont's in MIS inguinal hernia repair	Edward Felix
	Inguinal mesh removal, when and how?	Walter Brunner
	Robotic techniques in ventral repair	Conrad Ballecer
17:15	<b>Farewell</b>	

Register now and take your chance to win!



We will raffle one MacBook Air among the first 50 registered participants in the category «Trainee/Resident/Student» at the Networking Event on Thursday, 24 October 2019

Phasix® Mesh

Right Product.  
Right Procedure.  
Right Outcome.



Visit our **symposium** at the Swiss Hernia Days 2019 on **Friday 25th of October, 12:30 – 13:15 pm** to get latest news on Phasix® Mesh.



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